

Mark S Meritt

5 Park Pl, Apt A, Schenectady, NY
518.763.2345 • mark@potluck.com • linkedin.com/in/marksmeritt

PERSONAL STATEMENT

I am a multipotentialite, a generalist with notable talents and experience in writing, music, education, and analysis, and diverse interests across the arts and sciences. A maker, a researcher, a teacher, a performer, a curriculum developer, a number-cruncher, a presenter, a coach, an entrepreneur, a collaborator. Thriving in the intersections of forms and subjects, I find purpose in cultivating creativity, wholeheartedness, and positive change for individuals and groups.

PROFESSIONAL

Piano Teaching

Master Teacher, *Simply Music Piano Method*, 2008-Present

- New York State's most experienced teacher of the Simply Music Piano method since 2008, teaching shared and private lessons and workshops, in-person and online, to students aged 5-90
 - Core Curriculum: Foundation Levels 1-9, Accompaniment 1, Composition & Improvisation, Arrangements 1, Arrangements 2, Reading Rhythm, Accompaniment Variations, Blues & Improvisation, Reading Notes, Arrangements 3, Time for More Music, Jazz Clues, Accompaniment 2, Happy Birthday Supplement, Student Workshop, Ensemble Accompaniment Workshop
 - Supplemental Programs: Tune Toolkit - Comp & Improv Vol. 1-2, Using the Pedal, Music for Christmas & the New Year, A White & Blue Christmas, Teacher Collection Vol. 1
 - Licensed Teacher, October 2008; Accredited Teacher, June 2009; Advanced Teacher, May 2014; Master Teacher, October 2017
- Creates supplemental curriculum content and dozens of presentations, workshops, and blog posts for hundreds of teachers and thousands of students worldwide (see Presentations and Publications)
- Provides project support for the Simply Music organization, including editing/creating/organizing music notation, developing and maintaining the organizational notation style guide, editing the Simpedia teacher knowledge base, mentoring new teachers, developing teacher certification protocols, and establishing organizational pricing structures
- Developing an online practice management app to optimize student practice and playlist maintenance and to simplify teacher lesson planning, launching 2023-2024

Teacher, *Alfred Piano Methods*, 2005-2010

- Taught Alfred's Basic Piano Course (Lessons, Theory, Recital, Technic, Composition, Ear Training, Sight-Reading, etc.), Prep Course for the Younger Beginner (Lessons, Activity & Ear Training), and Music for Little Mozarts

Teacher, *Bastien Piano Methods*, 1992-1996

- Taught Bastien Piano Basics (Lessons, Theory, Performance, Technique) and Piano for the Young Beginner

Musician

Musical Director, Improvisational Theatre, 2010-Present

- Perform spontaneous piano/keyboard music for songs, musicals, operas, and background scoring, collaborating with actors/singers in short-form and long-form improvisational theatre
- Creates and teaches curricula for improvised singing and accompaniment, including song structure, genre, expression, games, musical theatre, and more; teaching in private coaching sessions; developing online self-study courses
- 11 years performing and teaching with the Mopco Improv Theatre / Mop & Bucket Co., Schenectady, NY, 2010-2021
- Taught classes/workshops and performed at multiple theatres and festivals:
 - Teacher, Musical Improv Workshops, Happier Valley Comedy, Hadley, MA, April-May 2022
 - Teaching/Performing Residencies, Contemporary Theater Company, Wakefield, RI, March 2017, August 2017, August 2018, June 2019, September 2021
 - Guest Musical Director, Long Form Improv Jam and Musical Improv Jam, InterCity Improv online improvisational theatre productions, 2020-2021
 - Teacher/Performer, Ocean State Improv Festival, Contemporary Theater Company, Wakefield, RI, June 2017, June 2018, June 2019, June 2023
 - Performer, NEMIX: New England Music Improv Experience, ImprovBoston, Cambridge, MA, July 2018; Co-Accompanist with Laura Hall from Whose Line Is It Anyway?; Participant, Music Director Roundtable
 - Teacher/Performer, Albany Improv Festival, Albany, NY, April 2016, April 2017
 - Performer, New York Musical Improv Festival, Magnet Theater, New York, NY, October 2016
 - Teacher, Musical Improv Workshop, Laughworks, Mystic, CT, July 2012
- Featured Guest, *Improv Town* podcast, Episode 3, October 3, 2017
- Featured Guest, *Radio Mopco* podcast, Episode 19, February 6, 2014

Pianist, 1990-Present

- Pianist with vast repertoire of songs in many styles, playing weddings, parties, cabarets, school and library functions, session recordings, restaurants, clubs, and many other types of events
- *Pop-Up Piano Bar* all-request piano karaoke/sing-along
 - Monthly performances in the Capital Region, NY, September 2015-February 2020, October 2022-December 2022, October 2023-Present
 - Special performances at many Simply Music Teacher conferences, Contemporary Theater Company residencies/festivals, private events, etc.
- Multiple performances, Franklin D. Roosevelt National Historic Site, Hyde Park, NY, 2010-2017, including 7 holiday season events and 4 Memorial Day weekend events
- Three performances, ABC's *Good Morning America*, 1999-2000, including a special "Name That Tune" segment with Rosie O'Donnell
- New York City venues include The Supper Club, The New 42nd Street Theatre, Gilda's Club, The Protestant Actors Guild, Restaurant Row, and The Duplex

Additional Professional Arts Experience

Sole Proprietor, *Potluck Creative Arts*, 2005-Present

- Created this umbrella business to forward my professional arts and education activities
- Developed multiple services using Appreciative Inquiry to foster collaborative creativity, including songwriting workshops, custom works, and creativity coaching
- Custom systems and MS Excel tools for bookkeeping, business modeling, student management, prospect recruitment, lesson plans, curriculum organization, and more
- Developed and manages websites using WordPress, HTML, and PHP, including potluckcreativearts.com

Ghostwriter, 2020-2021, writing compelling biography content as subcontractor for a professional ghostwriter

Featured Guest and Accompanist, *Jamm at the Gamm* hosted by Eden Casteel, The Gamm Theatre, Warwick, RI, June 2019

Composer, Producer, theme and additional music, *Dare to Be Human* podcast, produced by Koppett, 2019

Actor, annual Memorial Day Weekend USO Shows, Franklin D. Roosevelt National Historic Site, Hyde Park, NY, 2010-2019

Creator, Facilitator, *Songs By You* (songsbyyou.com), a proprietary Appreciative-Inquiry-based process to facilitate people and groups in writing original songs, even for complete novices, 2007-2019

Teacher, Basic Songwriting, Mopco Improv Theatre, Schenectady, NY, July 2017

Composer, Lyricist, Producer, Instrumentalist, Arranger, Engineer, *Everyone's Invited*, an original album released under the stage name The Offhand Band (theoffhandband.com), 2008, 43 minutes, stereo, CD/MP3/streaming

- Song *Aggie and Timmy* also included on the *GrowthBusters Earth Day 2011 Soundtrack* fundraiser album, released on CD/MP3, 2011

Editor, *A Life Worth Living*, non-fiction book written by William F. Giruzzi, 2007

Writer, "Viewpoint on Food and Population," invited contribution, *Mother Earth News*, 2004, unpublished

Coverage Writer, 1996, writing coverage on manuscripts and treatments for clients including 20th Century Fox and Jersey Films

Music Coordinator, Mark Cross corporate videos, produced by Tracy Concrete, New York, NY, 1995

Sketch and Song Parody Writer, 101.5 WPDH FM, Poughkeepsie, NY, 1993; aired on "Waking Up with the Wolf," syndicated nationally, and released on *Worst of the Wolf III* and *Worst of the Wolf IV* CDs

Composer, *The Caucasian Chalk Circle*, Department of Theatre Arts, Cornell University, Ithaca, NY, February 1993

Co-Director, *The Front Page*, Marist College Council on Theatre Arts, Marist College, Poughkeepsie, NY, October 1992

Production Assistant, *The Bet*, Conrad Films, New Paltz, NY, 1992

Additional Professional Experience

Analyst/Consultant, Self-Employed, 2000-2016

- Business consulting specializing in Microsoft Excel, creation of databases and other information management tools, project management, operations systems development, data analysis, forecasting, quality control, research, and technical writing
- Clients include EuroAmerican Communications, Doctors Without Borders USA, WeightLossBuddy.com, AllOverAlbany.com

Emergent Associates, LLC, Royal Oak, MI, 2004-2008

Co-Founder, Research and Development Advisor, November 2004-April 2008

- Co-founded this coaching, consulting, and training company which uses Appreciative Inquiry (AI) and positive psychology as a framework for integrating best practices and knowledge from organizational development, developmental/evolutionary psychology and systems-related disciplines to create practical tools which mutually foster empowerment and community for individuals and groups
- Co-created proprietary rapid coaching techniques, integrating AI and developmental psychology and able to produce "eureka" results in as little as 10 minutes
- Co-developer of a set of proprietary communication tools to foster positive change, informed by AI along with several established effective communication techniques, relationship models and personality typologies

Doctors Without Borders/Médecins Sans Frontières (MSF), New York, NY, 1998-2007

Marketing Analyst, July 1998-June 2007

- Promoted within six months of being hired as Donor Services Assistant
- Strategized and implemented fundraising efforts in mail, telemarketing, online, toll-free number and other media; wrote in-depth, insightful narrative and numerical analyses with actionable results that repeatedly improved performance and cost/operational efficiency, achieving an average profit of 65% for acquisition mail and growing the donor base from 178,000 to over 1 million
- Annually produced acquisitions up to 17 million contacts and renewals up to 9 million contacts, coordinating multiple vendors for creative treatment testing, population segmentation, data quality control, production oversight, acquisition list selection, merge-purge processing, and all other campaign management activities
- Created systems and tools in MS Excel, MS Access, and proprietary databases to support marketing efforts and departmental budgeting, innovating effective methods to forecast annual fundraising income up to \$138 million, expenses up to \$15 million
- Oversaw a massive transition from Oaktree Systems' DB Cultivator to Target Analysis Group's industry-leading Team Approach database, including development of comprehensive new coding systems and detailed mapping of thousands of legacy codes to integrate historical results for analysis on the new platform
- Supervised several staff and volunteers in Marketing and Donor Services
- Assisted in maintaining the doctorswithoutborders.org website

Donor Services Assistant, January 1998-June 1998

- Administered Oaktree Systems' DB Cultivator donor database and monthly electronic funds transfer program through Chase banking
- Developed systems for coding, data entry, and production of all donor service mailings; wrote the comprehensive 100+ page Donor Services instruction manual, documenting all departmental systems and protocols
- Resolved donor inquiries via phone, mail, and email
- Supervised two Donor Services Assistants

Long-Term Temporary Positions, New York, NY, 1996-1997

PinPoint Radio, Director of Marketing and Administration, June 1997-December 1997

- Wrote and designed promotional materials, including the ppradio.com website
- Designed sales and marketing databases in MS Access and systems to organize inventory and creative materials

Scholastic, Administrative Assistant, Information Technology, December 1996-May 1997

- Created research library database in MS Access
- Created extensive IT Business Plan in MS Word and related presentation in MS PowerPoint
- Developed MS Excel tools for personnel, expenses, and budgeting

NMPA/Harry Fox Agency, Mechanical Licensing Agent, September 1996-December 1996

- Issued licenses for mechanical sound reproduction on proprietary AS/400 system

Poughkeepsie Journal, Poughkeepsie, NY, 1992-1996

Online Producer, May 1996-September 1996

- Designed content, user interface, and file structure for the pojonews.com website
- Created draft site with HTML programming and MS Access database for organizing content
- Collaborated in development of marketing strategy
- Supervised two Online production staff members

Conservation Committee, Founder/Chairperson, January 1995-September 1996

- Led company-wide representatives in instituting material conservation practices

Market Development Assistant, August 1995-January 1996

- Conceived of and wrote copy for print, radio, and television promotions
- Researched and analyzed demographics to prepare sales presentations with Ad Director on Macintosh

Editorial Assistant, July 1995-January 1996

- Proofread and edited daily Opinion Page; wrote "3 Cheers" column and other articles
- Handled filing, mailings, and reader calls, and entered data at 95 WPM
- Maintained electronic news library on proprietary AS/400 system
- Received Editorial Po Jo Award, 1995, for work on election coverage, November 1995

Advertising Services Associate, July 1992-August 1995

- Desktop-published ads with AdSpeed, Freehand, and Quark Express on Macintosh
- Proofread ads to ensure accuracy; served on Quality Committee
- Scanned art with Adobe Photoshop and Autokon camera
- Received three PJ Quality Awards, two Advertising Services MVP Awards, one Credit Free Contest award, 1993-1994

EDUCATION

City University of New York, Graduate School and University Center, New York, NY, 1998-2001

- MA in Liberal Studies, concentrating in Bioethics, Science and Society, GPA 3.95
- Awarded the Liberal Studies department's first Annual Thesis Prize for best thesis, *The Unsustainability and Origins of Socioeconomic Increase*
 - Abridged and translated into Portuguese by Janos Biro, July 2004

Cornell University, Ithaca, NY, 1988-1992

- BA in Theatre Arts, minor in Communication, GPA 3.80, graduated with Distinction in All Subjects, Dean's List all semesters
- College of Arts and Sciences, August 1990-May 1992
- College of Agriculture and Life Sciences, August 1988-May 1990
- Phi Beta Kappa Society, Mortar Board Senior Honor Society, Golden Key National Honor Society, Ho-Nun-De-Kah College of Agriculture and Life Sciences Honor Society

PRESENTATIONS

"Sing – Spontaneous – Simple," musical improv intensive, *Ocean State Improv Festival*, Contemporary Theater Company, Wakefield, RI, June 2023

"Strengths, Synergy and Semi-Spontaneous Songs," *Applied Improvisation Network World Conference*, Stony Brook, NY, August 2019

"Sing – Spontaneous – Simple," two-day musical improv intensive with student showcase, *Ocean State Improv Festival*, Contemporary Theater Company, Wakefield, RI, June 2019

"Songcraft," two-day musical improv intensive with student showcase, *Ocean State Improv Festival*, Contemporary Theater Company, Wakefield, RI, June 2018

"Musical Improv Workshop," *Albany Improv Festival*, Albany, NY, April 2017

"Gold In, Gold Out: Some Examples of How Doctors Without Borders Crafts Marketing Information Upstream So That What Flows Downstream Has the Potential to Enhance Segmentation and Analysis... and, Of Course, Income," *Team Approach User Forum*, Target Analysis Group, Cambridge, MA, April 2006

"Emergent Associates, LLC: Trailblazing Tribalizing," Co-Presented at *IshCon Spring 2005*, Richmond, IN, May 2005

"The Game of Community," on Robert Axelrod's work on the evolution of cooperation, delivered to the Rotary Club of Red Hook, Red Hook, NY, February 2003

"World Bank 2000 and the Unsustainability of Economic Growth," *99th American Anthropology Association Annual Meeting*, San Francisco, November 2000

"Doctors Without Borders USA Internet Fundraising," *1999 MSF International Fundraisers Conference*, Médecins Sans Frontières Paris offices, Paris, France, June 1999

"Adapting for Musical Theatre," Co-Presented at the Masque and Mime Society Theatre Education Day, Roy C. Ketcham High School, Wappingers Falls, NY, October 1992

For the Simply Music Piano Method

"Acc Hacks Workshop"

- Simply Music Teachers Webinar, January 2022
- *International Teachers Symposium*, San Diego, CA, January 2013

"Accompaniment 1 / Accompaniment Variations Workshop"

- *Niagara Falls Music Teachers Conference*, Niagara Falls, ON, May 2019

"Adding Technology to Your Studio"

- *Canada Simply Music Teachers Conference*, Markham, ON, May 2013
- Simply Music Teachers Webinar, March 2012

"The Circle of Fifths Made Practical"

- *International Teachers Symposium*, San Diego, CA, January 2023
- *Niagara Falls Music Teachers Conference*, Niagara Falls, ON, May 2019
- Also integrated into private lessons

"Foundation Levels 1-6 Workshop"

- *International Teachers Symposium*, San Diego, CA, January 2023

"Music Creators' Circle"

- Simply Music Teachers Webinars, March-April 2018, August 2018
- Also integrated into private lessons

"Making Making Your Own Music Your Own"

- Simply Music Teachers Webinar, November 2020
- *Niagara Falls Music Teachers Conference*, Niagara Falls, ON, May 2019
- *Music Teacher's Coach Simply Music Teacher's Retreat*, Seattle, WA, July 2016
- Also integrated into private lessons

"Managing the Playlist with Play It Forward"

- *Niagara Falls Music Teachers Conference*, Niagara Falls, ON, May 2019
- Simply Music Teachers Webinar, November 2014

"Playful Progressions: The Magic of Simple Chords in Accompaniment, Improvisation & Composition"

- *International Teachers Symposium*, San Diego, CA, January 2023
- *Bay Area Accompaniment/Improvisation/Composition Workshops*, Brentwood/Lafayette, CA, August 2017
- Also integrated into private lessons

"Playing-Based Problem Solving with I/IV/V"

- *International Teachers Symposium*, San Diego, CA, January 2015
- *Canada Simply Music Teachers Conference*, Markham, ON, May 2013
- *International Teachers Symposium*, San Diego, CA, January 2013

"Time for More Music Workshop"

- *Niagara Falls Music Teachers Conference*, Niagara Falls, ON, May 2019

"Transforming Your Students' Comp & Improv with Tune Toolkit Vol. 1"

- Simply Music Teachers Webinar, March 2018
- *Bay Area Accompaniment/Improvisation/Composition Workshops*, Brentwood/Lafayette, CA, August 2017
- *International Teachers Symposium*, San Diego, CA, January 2015
- *Northeast Simply Music Teacher Meetup*, Petersburg, NJ, June 2011

"Your Songs: Empowering Accompaniment, Improvisation & Composition with Your Favorite Lead Sheets"

- Simply Music Teachers Webinars, February-March 2018, March-April 2018, August 2018, September 2018, October 2018, December 2018, May 2019
- *Bay Area Accompaniment/Improvisation/Composition Workshops*, Brentwood/Lafayette, CA, August 2017
- *International Teachers Symposium*, San Diego, CA, January 2015
- Also integrated into private lessons

PUBLICATIONS

Writer, Producer, Presenter, *Acc Hacks (Acc Pack #3)*, multimedia educational program, Simply Music Officially Approved Content, ivoryleague.co, July 2021

Writer, Producer, *Acc Knacks (Acc Pack #2)*, multimedia educational program, Simply Music Officially Approved Content, ivoryleague.co, July 2021

Writer, Composer, Lyricist, Producer, *Shape Songs (Acc Pack #1)*, multimedia educational program, Simply Music Officially Approved Content, ivoryleague.co, July 2021

Writer, Producer, *Reading Repertoire*, multimedia educational program, Simply Music Officially Approved Content, ivoryleague.co, July 2021

Co-Writer, *Curriculum Guide*, multimedia educational program, co-developed with Master Simply Music Piano Teacher Laurie Richards, simplymusic.com, January 2021

Writer, Co-Arranger, *Happy Birthday Supplement*, multimedia educational program, simplymusic.com, August 2019

Writer, Composer, two pieces contributed to *Teacher Collection Vol. 1*, multimedia educational program, simplymusic.com, March 2019

Co-Writer, Co-Producer, Co-Presenter, *Play with Simply Music*, multimedia educational program, co-developed with Master Simply Music Piano Teacher Robin Keehn, Simply Music Officially Approved Content, musicgeeksunite.com, March 2017

Writer, "The 3 Keys to Benefitting from Composing & Improvising, Part 2: The What," guest blog post, simplymusic.com, July 2016

Writer, "The 3 Keys to Benefitting from Composing & Improvising, Part 1: The Why & How," guest blog post, simplymusic.com, May 2016

Writer, Composer, Presenter, *Tune Toolkit Composition & Improvisation, Vol. 1 & 2*, multimedia educational program, simplymusic.com, March 2016

Interviewer, "Improvisation Trainer Kat Koppett Interview with Mark Meritt," guest blog post, simplymusic.com, August 2013

Writer, "Wander Your Way to Improvisation," guest blog post, simplymusic.com, March 2013

Writer, "Walk Before You Run," guest blog post, simplymusic.com, April 2012

Writer, "Why Simply Music Piano Lessons Are Easier," guest blog post, simplymusic.com, July 2011

Writer, "The Final Success Factor – Importance of the Simply Music Coach," guest blog post, simplymusic.com, April 2011

Writer, "The Formula for Success," guest blog post, simplymusic.com, December 2010

Writer, "Quality time with Billy Joel takes place of concert tour," *Poughkeepsie Journal*, March 8, 1996

CONFERENCES ATTENDED

Ocean State Improv Festival, Contemporary Theater Company, Wakefield, RI, June 2023
International Teachers Symposium, San Diego, CA, January 2023
RechaRGe Regional Gathering, Mensa of Northeastern New York, Albany, NY, August 2019
Applied Improvisation Network World Conference, Stony Brook, NY, August 2019
Ocean State Improv Festival, Contemporary Theater Company, Wakefield, RI, June 2019
Niagara Falls Music Teachers Conference, Niagara Falls, ON, May 2019
NEMIX: New England Music Improv Experience, ImprovBoston, Cambridge, MA, July 2018
Ocean State Improv Festival, Contemporary Theater Company, Wakefield, RI, June 2018
Bay Area Accompaniment/Improvisation/Composition Workshops, Brentwood/Lafayette, CA, August 2017
Ocean State Improv Festival, Contemporary Theater Company, Wakefield, RI, June 2017
Applied Improvisation Network Northeast US Buzz Day, Schenectady, NY, April 2017
Albany Improv Festival, Albany, NY, April 2017
New York Musical Improv Festival, Magnet Theater, New York, NY, October 2016
Music Teacher's Coach Simply Music Teacher's Retreat, Seattle, WA, July 2016
Albany Improv Festival, Albany, NY, April 2016
International Teachers Symposium, San Diego, CA, January 2015
Canada Simply Music Teachers Conference, Markham, ON, May 2013
International Teachers Symposium, San Diego, CA, January 2013
Simply Music Teachers Gathering, Northampton, MA, March 2012
Northeast Simply Music Teacher Meetup, Petersburg, NJ, June 2011
Team Approach User Forum, Target Analysis Group, Cambridge, MA, April 2006
IshCon Spring 2005, Richmond, IN, May 2005
Northeast US Daniel Quinn Meetup, Red Hook, NY, November 2004
IshCon Spring 2004, Richmond, IN, May 2004
Woodstock Film Festival, Woodstock, NY, September 2002
99th American Anthropology Association Annual Meeting, San Francisco, November 2000
1999 MSF International Fundraisers Conference, Médecins Sans Frontières Paris offices, Paris, France, June 1999
Beyond Civilization with Daniel Quinn, Houston, TX, June 1999
Hudson Valley Film Festival, Poughkeepsie & Rhinebeck, NY, May-June 1996
National Writers' Workshop, Hartford, CT, April 1996
From Script to Screen: A Conference on Screenplay Development, presented by the Independent Feature Project and Writers Guild of America East, New York, NY, April 1996
Hudson Valley Film Festival, Poughkeepsie & Rhinebeck, NY, May 1995

SELECTED CREATIONS

Founder, *potluck.com*, 2001-Present

- Founded *permaCulture: The Systems-Thinking Magazine of Arts & Sciences*, an online magazine to explore familiar topics with a systems perspective, September 2001
- Became *Sostenuto: The Systems-Thinking Magazine of Arts & Sciences*, February 2002
- Became *Mosaic: A Magazine of Arts, Sciences & Everything in Between*, April 2003
- Became *potluck.com* blog, May 2004; created site with HTML; managed conversion from HTML to WordPress, September 2006-May 2007

Writer, *Coming to Terms*, a non-fiction book, work in progress

Writer, Composer, Producer, Presenter, *Singprov Toolkit for Accompanists*, multimedia educational program, work in progress

Writer, Composer, Producer, Presenter, *Singprov Toolkit for Singers*, multimedia educational program, work in progress

Writer, Arranger, Composer, Lyricist, Producer, *Accs to the Max (Acc Pack #4)*, multimedia educational program for the Simply Music Piano Method, work in progress

Writer, Composer, Presenter, *Tune Toolkit Composition & Improvisation, Vol. 3*, multimedia educational program for the Simply Music Piano Method, work in progress

Screenwriter, Director, Producer, Cinematographer, Editor, Composer, Voices, *A Little Death*, 2023, 5 minutes, 4k video

Screenwriter, Director, Producer, Cinematographer, Editor, Composer, Voices, *Piper's New Book*, 2023, 5 minutes, 4k video

Composer, Co-Librettist, *Fly By*, one-act musical created for the New York Public Library's Across a Crowded Room 2023

Composer, *Max & Millie*, one-act musical created for the New York Public Library's Across a Crowded Room 2023

Non-musical improvisational theatre actor, The Mop & Bucket Company, Schenectady, NY, 2017-2021

Co-Composer, Instrumentalist, *Wasting Desire*, an original song created for the Frankensong #2 cooperative songwriting challenge, 2020

Writer, Composer, Lyricist, Musician, Actor, Producer, *Ben Kenobi's Cantina Time*, a webisode, featuring the songs *At the Cantina* and *A Long Time Ago and Far, Far Away*, 2020

Writer, *Coronavirus Mini-Story of the Day*, March 22-April 5, 2020

Writer, *Ten Thousand Heroes*, novel draft written for National Novel Writing Month (NaNoWriMo), 2017

Composer, Co-Lyricist, three songs for the 3rd Annual Capital Region / Berkshires 24-Hour Theatre Project, May 2013

Composer, Lyricist, Producer, Instrumentalist, Arranger, Engineer, *Great, Britain*, an original song created for the Songwriting Cycle #3 cooperative songwriting challenge, 2012

Judge, SpinTunes #5 challenge-based songwriting contest, 2012

Co-Composer, Instrumentalist, *Bride of Frankensong*, an original song created for the Frankensong #1 cooperative songwriting challenge, 2011

Composer, Lyricist, Producer, Instrumentalist, Arranger, Engineer, four original songs created for the SpinTunes #3 challenge-based songwriting contest, 2011

Composer, 1st Annual Capital Region / Berkshires 24-Hour Theatre Project, March 2011

Composer, Lyricist, Producer, Instrumentalist, Arranger, Engineer, *Do It (Duet)*, an original song created for the Songwriting Cycle #1 cooperative songwriting challenge, 2010

Composer, Lyricist, Producer, Instrumentalist, Arranger, Engineer, four original songs created for the SpinTunes #1 challenge-based songwriting contest, 2010

Winning performance, "Share Your Xanadu" contest, held by the original Broadway production of the musical *Xanadu*, December 2007

Writer, *Sapiens: Humanity and the Wealth of Wisdom*, proposal for book based on the master's thesis *The Unsustainability and Origins of Socioeconomic Increase*, 2004

Honored by Billboard Magazine's 11th Annual Songwriting Contest, July 2003

- Composer, Lyricist, *Someone Duplicated the Key to My Heart*, Honorable Mention, Top 500
- Composer, Lyricist, *The Fall of the Roxy Usher*, Honorable Mention, Top 500
- Composer, Co-Lyricist, *Falling into the Sun*, Honorable Mention

Actor, 35th Anniversary Celebration of the Masque and Mime Society, Roy C. Ketcham High School, Wappingers Falls, NY, Spring 2000

Co-Creator, Composer, *The Unexplainable Bonafish*, educational television series treatment, 1999

Co-Screenwriter, *Stage Dad*, an original screenplay, 1996

Co-Writer, *Eye of the River Dolphin*, a motion picture treatment, 1996

- Finalist, New Millennium Pictures Screenwriter Search, 1996

Co-Screenwriter, *Deadline*, an original screenplay, 1996

- Represented by Susan Smith & Associates, Beverly Hills, CA, 1996-1998

Co-Screenwriter, *Citizen Arcane*, a.k.a *The Lion's Share*, an original screenplay based on the life of attempted assassin Samuel Joseph Byck, 1995

- Represented by Susan Smith & Associates, Beverly Hills, CA, 1996-1998
- Selected for staff review, Zoetrope Virtual Studio screenwriting contest, American Zoetrope, San Francisco, CA, 1999

Director, *Is There Life After High School?*, produced for the 30th Anniversary Celebration of the Masque and Mime Society, Roy C. Ketcham High School, Wappingers Falls, NY, Spring 1995

Co-Writer, *Hugh Manatee*, a rhyming children's story, 1995

Composer, Co-Lyricist, Co-Librettist, *The Right Circles*, an original musical, 1994

- Represented by the Farber Literary Agency, New York, NY, 1994-1996

Co-Writer, *Full Frontal*, sketch comedy series, produced by the Hudson Valley Film Foundation, Poughkeepsie, NY, 1993

Co-Screenwriter, *Ishmael*, a screenplay adapted from the Daniel Quinn book, 1993

Composer, Co-Lyricist, four songs for *The Producers*, a musical adapted from the Mel Brooks film, 1992

Co-Director, Co-Editor, Composer, *Seriously Gratuitous: The Making of Gratuitous Violence*, 1992, 29 minutes, color, VHS

Screenwriter, Director, Producer, Cinematographer, Editor, Sound, Composer, *Gratuitous Violence*, 1992, 17 minutes, black and white, 16mm film

Assistant Director, Composer, Sound Designer, *Prelude to a Kiss*, Bacchanalia Productions, Kingston, NY, January 1992

Screenwriter, *Bait and Switch*, a short screenplay, 1991

- Winner, Cornell Department of Theatre Arts Screenwriting Competition, June 1991
- Produced by the Film Program of the Department of Theatre Arts, Cornell University, Ithaca, NY, Summer 1991, 29 minutes, color, S-VHS

Actor, Accompanist, Entertainment Committee Co-Chairperson, 25th Anniversary Celebration of the Masque and Mime Society, Roy C. Ketcham High School, Wappingers Falls, NY, Spring 1990

- Director, Co-Editor, Co-Videographer, *Makin' Magic*, a documentary produced for the 25th Anniversary Celebration, 1990, 12 minutes, color, VHS

Composer, Co-Lyricist, Co-Librettist, Orchestrator, *Cupid's Arrow*, an original musical, 1987

- Director, Musical Director, Vocal Director, premiere production by the Masque and Mime Society, Roy C. Ketcham High School, Wappingers Falls, NY, May 1988

Co-Screenwriter, *Airplane III: The Cosmic Enigma*, a sequel to the *Airplane!* films, 1986

MEMBERSHIPS & ACTIVITIES

Member, theputtyverse.com, multipotentialite social network, 2020-Present

- Participant, Gifted and Highly Sensitive Group

Facilitator (volunteer), Daniel Quinn Book Club, online book club, 2020-2022

Facilitator (volunteer), The International Brené Brown Online Book Club, 2020-2021

Member, Mensa of Northeastern New York, 2018-2020

Introduction to Psychodrama, Hudson Valley Psychodrama Institute, August 2016

Member, Rhinebeck Insight Meditation (Vipassana) Group, Rhinebeck, NY, 2009-2013

Creativity Coach (volunteer), Guerrilla Theatre Project, Sustainable Living Coalition, Fairfield, IA, 2009-2010

Aerobic Dance, IXL, Rhinebeck, NY 2008-2010

- Dancer, "Wild Women," Sinterklaas Winter Celebration, Rhinebeck, NY, December 2009

Consultant (volunteer), development of an afterschool program integrating science and art with interactive hands-on learning, Mill Road Elementary School, Red Hook Central School District, Red Hook, NY, Spring 2008

Founder/Organizer (volunteer), Hudson Valley Potluck / Poughkeepsie Daniel Quinn Meetup, 2002-2005

Member, Sustainable Hudson Valley, 2004

Volunteer, Red Hook Village Green Committee, Red Hook, NY, 2002-2004

- Co-wrote Village Forestry Management Plan, adopted April 2004, ensuring long-term health for village street trees
- Officer and Communications Committee chair, 2004
- Alternate Officer and Media Committee chair, 2003
- Wrote final draft of community forestry ordinance, passed into law, October 2002
- Website Designer, September 2002, and Webmaster, September 2002-December 2004
- Created tree inventory tracking system in MS Excel, August 2002
- Assisted in semi-annual tree plantings

Member, Bard College Community Garden, Annandale-on-Hudson, NY, 2002

Adult tap dance, Rhinebeck Dance Center, Red Hook, NY, 2001-2002

- Selected to perform a solo during annual recital, June 15, 2002

Member, Direct Marketing Fundraising Association, 1998-2002

Member, American Anthropological Association, 2000-2001

Swing Dance, Smiley's Lindy Hoppers, Brooklyn, NY, 1998-1999

- Co-Choreographer, Dancer, wedding dance, October 1999

Tai Chi, McBurney YMCA, New York, NY, 1996-1998

Member, Independent Feature Project, 1995-1997

- Second Screenings Coordinator (volunteer), Independent Feature Film Market, presented by the Independent Feature Project, New York, NY, September 1996

Landmark Education, 1994-1995

- Self-Expression and Leadership Program, Poughkeepsie, NY, 1995
- Advanced Course, New York, NY, 1994
- Excellence seminar, Poughkeepsie, NY, 1994
- Forum, Poughkeepsie, NY, 1994

Cornell University, Ithaca, NY, 1988-1992

- Co-President, Independent Filmmakers at Cornell, 1991-1992
- Member, Cornell Cinema Student Council, 1991-1992
- Composer, Co-Librettist, *The Matchmaker*, adapted from a Mime of Herondas, Department of Theatre Arts, Fall 1991
- Musical Consultant, *The Cherry Orchard*, Department of Theatre Arts, Fall 1991
- Musical Director, Directing II Class Projects, Department of Theatre Arts, Fall 1991
- Composer, Musical Director, *The Paranormal Review*, Department of Theatre Arts, Fall 1991
- Member, Cornell Greens, 1990-1991
- Tai Chi, Physical Education Department, 1990-1991
- Representative, Collegetown Assembly, 1989-1991
- Literary Staff, *Cornell Engineer* magazine, 1989-1991
- Member, Independent Filmmakers at Cornell, 1989-1991
- Actor, Student Laboratory Theatre Company, Department of Theatre Arts, Spring 1991
- Assistant Stage Manager, *Vinegar Tom*, Department of Theatre Arts, Spring 1991
- Extern, TADA! Youth Theater, New York, NY, through the College of Arts & Sciences Extern Program, December 1990
- Assistant Sound Designer, *West Side Story*, Department of Theatre Arts, Fall 1990
- Supervisory Orientation Counselor, Cornell Orientation Program, Fall 1990
- Leadership in the 1990s, credited seminar with Ken Blanchard, School of Hotel Administration, Spring 1990
- Orientation Counselor, Cornell Orientation Program, Fall 1989
- Ballroom Dance, Physical Education Department, Fall 1989
- Member, Cornell University chapter, Public Relations Student Society of America, 1988-1989
 - Co-Editor, Situation Analysis; Co-Editor, Strategies; Co-Chair, Media Relations; NutraSweet PR Competition; winning entry; received PRSSA Award, 1989
 - Team member, Carrier Corporation PR competition; winning entry, 1989
 - PRSSA Pro-Am day with the Terrie Williams Agency, New York, NY, December 1988; wrote press releases for clients including Eddie Murphy and Willie Stargell
- Percussionist, Cornell University Symphonic Band, 1988-1989
 - Performed at Carnegie Hall, May 1989

Highlights, Roy C. Ketcham High School, Wappingers Falls, NY, 1985-1988

- IBM Thomas J. Watson Memorial Scholarship, 1988
- Delores Bove Scholarship (Masque and Mime Drama Society scholarship), 1988
- Harvey J. Lederstein Memorial Award (B'Nai B'rith Music scholarship), 1988
- President, Masque and Mime Society, 1987-1988
- Winner, John W. Judd Award, Most Promising Male Talent, County Players High School Theatre Awards, June 1988
- Actor, "Moonface Martin," *Anything Goes*, Masque and Mime Society, Spring 1988
 - Winner, Best Actor, Musical, County Players High School Theatre Awards, June 1988
- Actor, "The Dustman," *The Lady from Maxim's*, Masque and Mime Society, Fall 1987
 - Nominee, Best Supporting Actor, Drama, County Players High School Theatre Awards, June 1988
- Nominee, John W. Judd Award, Most Promising Male Talent, County Players High School Theatre Awards, June 1987
- Actor, "Marcellus Washburn," *The Music Man*, Masque and Mime Society, Spring 1987
 - Winner, Best Supporting Actor, Musical, County Players High School Theatre Awards, June 1987
- Actor, "Mr. Talley," *Talley & Son*, Masque and Mime Society, Fall 1986
 - Honorable Mention, Best Supporting Actor, Drama, County Players High School Theatre Awards, June 1987

SKILLS

Writing & Teaching

- Compelling non-fiction content in analytical reports, research papers, essays, blogs, presentations, and ghostwriting
- Songs, instrumentals, lyrics, musicals/libretti, plays, screenplays, fiction
- Develops performing arts curricula, facilitates workshops and group learning
- Instructional design and technical documentation

Critical Thinking & Positive Change

- Appreciative Inquiry, Applied Improvisation, Internal Family Systems
- Systems thinking/theory, interdisciplinary & ecological thinking
- Emotional intelligence, mindfulness, creativity, growth mindset

Workflow Management & Data Analysis

- Creates and uses custom systems and MS Excel tools to achieve strategic business goals for project management, financials, and modeling
- Client databases, data quality control, direct marketing campaign management

INTERESTS

Arts

- Acting, Animation, Dance, Directing, Fiction, Film, Improvisation, Music, Musical Theatre, Narrative Theory & Criticism, Television, Theatre

Sciences

- Anthropology, Chaos Theory, Complexity Science, Emergent Properties, Evolution, Fractals, Game Theory, General Systems Theory, History, Mathematics, Network Science, Self-Organizing Systems, Sociology, Systems Sciences

Sustainability

- Biomimicry, Bioregionalism, Community Supported Agriculture, Ecological Economics, Human Ecology, Permaculture, Population Ecology, Rewilding, Socially Responsible Business, Socially Responsible Investment, Voluntary Simplicity

Philosophy & Spirituality

- Animism, Buddhism, Joseph Campbell, Comparative Mythology, Compassion, Pantheism, Radical Acceptance, Taoism

The Individual World

- Attachment Theory, Authenticity, Brené Brown, Emotional Intelligence, Emotional Literacy, Empathy, Flow, Generalists, Highly Sensitive People, Inner Child, Internal Family Systems, Jungian Psychology, Meditation, Mindfulness, Multiple Intelligences, Multipotentiality, Personal Growth, Personality Types, Polymathy, Positive Psychology, Shadow Work, Somatic Psychology, Strengths Theory, Unconditional Parenting, Unschooling, Vipassana, Vulnerability

The Social World

- Co-opetition, Coevolution, Communitarianism, Cooperation Theory, Cultural Evolution, Hunter-Gatherers, Indigenous Cultures, Learning Organizations, Memetics, Non-Violent Communication, Daniel Quinn

Hobbies

- Cooking, Drawing, Podcasts, Tabletop Games, Walking, Yoga